

# Dual Diagnosis Disorders

Of those who are struggling with substance addiction, many may also suffer from other disorders such as depression, anxiety, intimacy issues, sex addiction, codependency, bipolar disorder, post-traumatic stress disorder (PTSD), and other afflictions.

The clinical term “dual diagnosis” is used to describe such individuals, who often have a substance use disorder in addition to a mood disorder like bipolar disorder (also called manic depression) and depression. A dual diagnosis means that the patient has two distinct disorders or illnesses, each of which requires a specialized treatment plan.